

For Today Meditation Meeting Group Conscience Agenda

August 6, 2022

1. **Introduction:** Welcome to the group conscience meeting of the For Today Meditation meeting of OA. My name is Patsy, I am a Food Addict, and your chair for this meeting.

2. **Serenity Prayer:** Will those who wish to, please join me in the Serenity Prayer:

“God grant me the serenity to accept the things I cannot change,

courage to change the things I can,

and the wisdom to know the difference.”

3. **Tradition: Tradition 4:** “Each group should be autonomous except in matters affecting other groups or OA as a whole.”

4. **Establishing Ground Rules:** This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone’s viewpoint; we can all learn from one another. Please remember **Tradition Five: ‘Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.’ Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.**

5. **Minutes from the Previous Meeting:** Are there any corrections or additions? [Applicable corrections or additions are made.]

Is anyone opposed to approving last month’s minutes as amended?

6. **Treasurer’s Report - Motion to accept the Treasurer’s report located on the For Today Meditation website?**

7. Old Business: Motions:

- A. Virtual Intergroup
- B. Treasury Funds

8. New Business Motions:

Patsy B:

Suggest we add to announcements:

For security reasons, the ability to rename yourself has been disabled. If you would like to be renamed or have your phone number or last name removed, please private chat to _____ who is renaming today.

April K:

Background: The script read by the chairperson (and used by all members giving technical service) includes a list of phone numbers and first names. It is completely [accessible](#) from the website. I think we should protect that list as we do other confidential information by removing it from the website. The list would be maintained off the website and available to those giving service.

Motion: For the confidentiality of members, remove the list of phone numbers and first names from the [Meeting Format and Notes](#) section of the website.

Gloria H:

I'd like to put on the agenda using the full words such as GROUP CONSCIENCE, 12 STEPS & TRADITIONS rather than GC and 12&12. This way, newcomers will know what we are saying and meaning. Coming into the rooms is difficult and overwhelming without having to figure out acronyms

Emily W:

I make a motion that we provide milestone chips to members of our group.

Potentially combine this task with the literature position. Members could request a chip for a designated milestone via a website form. The GC could determine which coin(s) we would distribute but I personally feel like the Welcome, 30 days, 6 months, 9 months and 1 year and very important milestones.

Ann C:

1. that a regular person at our mtg once a week tell there story. 15 minutes maybe on a Saturday or Sunday right after meditation.
2. that we not label all of the people doing service next to their name.
- 3) that we be careful that not the same people are chairing or reading.

When we jumping like we do, it doesn't give newcomers a chance to grow.

Claudia L:

I propose that we postpone on voting between the two current Virtual Intergroups that are being considered until we have had time to thoroughly research all our options. I propose that we form a committee that will collect information on intergroup options... collect and answer any questions that come up and put together a presentation of the findings for a future GC meeting where we can vote for the top Intergroups as selected by the committee. The process to take no longer than 3 months... I believe this is an important matter and giving ourselves enough time to thoroughly evaluate our options is important

Do we have a motion to end this meeting?

I put my hand in yours

Greater than ours,

And together we can do

And as we join hands

What we could never do alone.

We find love and understanding

No longer is there a sense of hopelessness

Beyond our wildest dreams!

No longer must we each depend

Upon our own unsteady willpower.

We are all together now

Reaching out our hands

For Power & Strength