

For Today Meditation Meeting Group Conscience Meeting September 3, 2022

1.Introduction: Welcome to the group conscience meeting of the For Today Meditation meeting of OA. My name is Christy, I am a Food Addict, and your chair for this meeting.

2.Serenity Prayer: With lines muted, will those who wish to, please join me in the Serenity Prayer: “God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.”

3.Tradition: Tradition 4: “Each group should be autonomous except in matters affecting other groups or OA as a whole.”

4.Establishing Ground Rules: This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone’s viewpoint; we can all learn from one another. Please remember Tradition Five: ‘Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.’ Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.

5.Minutes from the Previous Meeting: Are there any corrections or additions?
[Applicable corrections or additions are made.] Is anyone opposed to approving last month’s minutes as amended?

No opposition - that carries

6.Treasurer’s Report - Motion to accept the Treasurer’s report located on the For Today Meditation website?

Discussion

Kate Paypal question - deduction shows up minus the paypal fee? yes

No opposition - that carries

7.Old Business:

Motions: A. Virtual Intergroup - Questions

Gloria - went to the VIG meeting on Sunday, Aug. 28, it was on the phone, there are issues about that.

Patsy - it was not a zoom meeting.

Ronna - why did we join if was only telephone access?

Ann - Why did we join if it was not virtual?

Maria - We should stick with it for 3 months and see what we think,

Arl - originally a virtual service board, significant number of people wouldn't have access if we went to zoom.

Christy - maybe new Sunday meeting might be a member

Katherine - reasons for not going that route

Kate motioned to stick with what we have and see what we have and revisit the decision. Patsy 2nd

Vote 16 Present 19 Passed

8.New Business Motions:

Patsy B: Motion to put a link to the virtual intergroup on our website

No Discussion

2nd April Present 19 Vote 17 Passed

Christy R Motion to approve temporary use of the For Today 8am Meditation Meeting Zoom account to support starting a new meeting. The new meeting would be a Voices of Recovery 8pm Writing Meeting to take place each Sunday, Tuesday and Thursday initially. If there is enough interest it would transition into a daily meeting.

Discussion

Christy - explained she wanted a something else for evening

Cheryl - Yes!!! Exactly when I have trouble; Devi - Yes!!

Maria - Seventh Tradition going into the same pot?

Ann - Voices of Recovery? Why from our meeting?

Patsy - I do like the idea.

April - another good meeting!

Katherine Louise - what kind of service needs?

Christy - informal format, low-key, only a chair and host

Patsy - new Voices of Recovery book out.

Karen - let's move forward

Call to vote: Motion Karen 2nd Gloria Present 19 Vote 15 No 2 Passed

Gloria H: OA Virtual Intergroup has left it up to each meeting as to what that meeting's abstinence requirement is, whether it be 30, 60 or 90. I'd like to put on the agenda what our abstinence requirement will be.

Discussion

Gloria - to hold the position of intergroup we need to have self-defined abstinence requirement

Make a motion to send a rep to the OA Virtual Intergroup and an alternate, with an abstinence of 30 days. Anyone is welcome to show up and attend, but we need a rep for the vote.

Arl - here as a resource - having knowledge of the traditions is good, for the rep,

Tabling this motion - Kate, 2nd Katherine passed

Motion 2nd Present Vote Passed

Claudia L: Please include the following items in the agenda.

1) 3 minimum additions to the script. (to better direct people to information in the chat and specify screen share information). I will have the suggested changes to present via share screen at the meeting.

Discussion

Items to change put up on screen share, minor suggestions to help direct information in the chat.

Karen K 2nd Present 15 Vote 14 Passed

2) Create an announcement posting with meeting information and link that can be shared to invite people to our meeting. Christy suggested we consider a flyer as well.

Discussion

Christy put something together with a link

Rather than a flyer - this is about a blurb for info to on our website, in the chate if people go to other meetings

Maria - we cannot control where it goes

Motion Karen 2nd Katherine Present 14 Vote 11 Passed

Do we have a motion to end this meeting?

Motion Dianna 2nd Gloria Present 14 Vote 10 Passed

meeting ended at: 10:05

Serenity Prayer "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

Respectfully submitted,

Dianna B

9/3/22