

## OA For Today Meditation Meeting Group Conscience Minutes

Saturday, January 4, 2025

1. **Introduction**
2. **Serenity Prayer** (All)
3. **Tradition 2:** "For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."
4. **Tradition 4:** "Each group should be autonomous except in matters affecting other groups or OA as a whole."

5. **Minutes** (Deb B)

The minutes & treasurers report for the December meeting were approved. The following motions were discussed:

**Motion 1 (Kate)** Approval of Service Board Members January 1 – June 20, 2025

- GC Chairperson ~ Kate in Texas
- Secretary ~ Deb B
- Co-Treasurers ~ Karen R
- We Care List Coordinator ~ Wanda
- Meeting Contact ~ Bill
- Service Contact ~ Doreen
- Service Co-Coordinators ~ April, Deb B
- Website & Zoom Coordinator ~ Stacey D
- Literature ~ Paula M

**Vote: 31 present, yes=23, no=1, abstained=0; motion passes**

**Motion 2 (Leeann)** Approval to add the following statements to the script: "If you have a concern about another member, please either contact your sponsor or the member directly. Similarly, if you have a concern about the meeting either contact your or submit an agenda item for the Group Conscience (GC) meeting. **Second:** Diana

**Vote: 31 present, yes=20, no=2, abstained=3; motion passes**

**Motion 3 (Luke Skywalker presented by Bill on his behalf)** Adding the "For Today" reading to the monthly Speaker Meeting, just before the Speaker starts their share. The Speaker of course would be freely sharing their ESH (experience, strength and hope), regardless of the For Today's reading.

**Second:** Gloria

**Vote: 29 present, yes=23, no=0, abstained=1; motion passes**

**Motion 4 (Goldie)** Recommend that our meeting records the Speakers who speak each month. These recordings with the permission of the Speaker, can be attached to the website. **Second:** Diana

**Vote: 29 present, yes=9, no=10, abstained=4; motion failed**

**Motion 5 (Gloria)** Propose that a regular OA FOR TODAY attendee who has the CLAIM HOST KEY use it upon entering the meeting due to intruders. **Second:** Leann

**Vote: 27 present, yes=3, no=20, abstained=2; motion failed**

**Motion to extend meeting:** yes=16, no=2, abstain=4; motion passes – extend 15 minutes

**Motion 6 (Denise)** Propose that the host ask that if you have shared the day before, to please wait until everyone else has had a chance to share. **NOT HERE, move to Jan**

**Motion 7 (Alina presented by Bill on her behalf)** Propose that share times be 2 minutes and then 30 second wrap up OR 1.5 minutes with a 30 wrap up. **Second:** Bill

**Vote: 25 present, yes=3, no=18, abstained=2; motion failed**

**Motion** Bill motions to defer Alice’s 3 motions to January GC meeting. **Second:** Kim. Agreed

**Motion 8 (Alice L, BC)** Propose that online app timer be used during the 5:00 minute meditation.

**Deferred**

**Motion 9 (Alice L, BC)** Propose that attendees turn cameras on when joining the meeting - they can turn them off again afterwards.

**Deferred**

**Motion 10 (Alice L, BC)** Propose that the ability to turn cameras on be disabled from just after beginning of meeting until after 5:00 minute meditation

**Deferred**

6. **Treasurer Report** (Cathy O and Karen R) **Approved**

- Received \$817 Dec, no expenses, sent to WSO \$817 **Report** (Karen R)
- Sent out newcomer packets: 5 new packets sent

7. **Old Business** none

8. **New Business** - Procedure for new business:

- Presenter will make the motion by reading it and giving more information if needed.
- Chair will ask for someone to second the motion
- If seconded, discussion will follow. Please raise electronic hand to participate in the discussion
- After sufficient discussion, call to vote.

**Motion 1 (KarenKay, Jennifer M)** Propose that sponsors not be asked to raise their hands if they are available but instead to add their contact information to the chat. **Second:** Leann

**Discussion:**

**Leann:** likes the idea to prevent discomfort when no hands go up

**Gloria:** agrees with motion – goes with the flow

**Christy:** neutral but be mindful of people who are on phone only. Maybe even add “if you are willing to get somebody started”

**Sarah:** really good idea because lack of raised hands is awkward

**Jean:** validate there are people that don’t do WhatsApp

**Ronna:** why is there no talk of the after meeting...if people are interested in sponsoring or need a sponsor maybe we can use that meeting as a vehicle to do that.

**Paula:** do willing sponsors indicate they can sponsor on We Care List.

**Vote:** 43 present, yes=32, no=1, abstained=2; motion passes

**Motion 2 (Alice L, BC)** Propose that the online app timer be used during the 5:00 minute meditation.

**Second:** Gloria

**Discussion:**

**Alice:** helps for people coming into meeting late

**Shantay:** if timing for meditation is done by host and they cannot get timer to work, will this interfere.

**Alice:** we can work it out in the meeting who puts it up

**Karen R:** against it because she finds it distracting

**Robin:** whenever she is timekeeper, she keeps the time as a courtesy to the host

**ChristinaAZ:** hard time meditating with timer and for Android it's not available

**KarenKay:** good idea mostly for folks coming in

**Gloria:** try it for a month and see how it works

**Carol:** against because service people don't need yet another job to do

**Ann:** against, is there a way to put it in chat

**Vote:** 42 present, yes=9, no=16, abstained=10; motion failed

**Motion 3 (Alice L, BC)** Propose that the ability to turn cameras on be disabled from just after beginning of meeting until after the 5:00 minute meditation

**Second:** Angie

**Discussion:**

**Gloria:** was at another meeting suggesting the same – she agrees with the motion

**Luke:** against because he loves to see people on camera, and we already have a lot of security

**Wanda:** agrees with Luke – wants to see people

**Angie:** when would it go off? At begin of meeting until after 5 min meditation

**Bill:** in favor

**Sarah:** appreciates the sentiment but could be off-putting for newcomers; some service is not advanced and if a mistake is made it can be confusing

**Paula:** which service person would be responsible?

**Kate** – prob pre-meeting host

**Lois:** could put a message on our welcome screen and update script

**Diana:** bombers could be stealth and have “their moment” afterwards

**Felicia:** s/b done on case-by-case basis

**KarenKay:** let's vote

**Vote:** 40 present, yes=5, no=26, abstained=3; motion failed

**Motion 4 (Gloria)** Propose that attendees sign up for only one volunteer position per day unless there are open spots at 7:45am.

**Second: April**

**Discussion:**

**April:** has not found this to be a problem

**Deb:** same

**Diana:** agrees with sentiment but also sometimes likes to sign up last minute

**Gloria:** these are OA rules – her actual preference is for sponsors to encourage those they sponsor to sign up for service

**Leann:** If you want to do service pop on and ask, we can handle it

**KarenKay:** OA rules actually recommends against a person doing one position repeatedly (as opposed to multiple positions in one meeting)

**Angie:** call to vote

**Vote: 40 present, yes=2, no=26, abstained=3; motion failed**

**Motion 5 (Christy)** Propose that the board approves the monthly speakers.

**Second: Kim P**

**Discussion:**

**Kim P:** this warrants discussion but some type of structure; there was an incident of somebody being high that then signed up.

**Kate:** this is a bit of crosstalk

**Kim P:** could be crosstalk but it is accepted that experienced members have an obligation to the group to manage

**Motion to Extend Meeting**

**Vote: 40 present, yes=21, no=3, abstained=3 motion passed**

**Discussion Continued:**

**Christy:** had thought about crosstalk but the member stated themselves they were high

**Jean:** we are a group of humans – things will happen that we cannot control. Let's simplify, not micromanage

**Gloria:** suggests the criteria be determined

**Kate:** the spirit of the speaker was to get to know each other, not to have a certain amount of abstinence

**Ann:** can't believe the judgement in here – so many of us are high/addicted to many things

**Leann:** not a good idea

**April:** as someone who sees sign-ups roll in, there is no governor. Makes her a little twitchy so where would she go with it. Not ready to vote – needs more discussion.

**Jennifer J:** this needs more conversation

**KarenKay:** Call to vote

**Paula:** as member of board would not feel comfortable judging

**Vote: 36 present, yes=2, no=26, abstained=5; motion failed**

**Motion 6 (Bill)** Propose that a Serenity Prayer slide be added at the beginning of the meeting for the benefit of newcomers.

**Second: Luke**

**Discussion:**

**Luke:** great idea!

**Vote: 35 present, yes=22, no=0, abstained=5; motion passes**

**Motion 7a (Bill)** Propose that the For Today reading also be included in the chat after the meditation.

**Bill:** withdrawn and deferred to Jennifer

**Motion 7b (Jennifer J)** Propose that the For Today workbook question be included in the chat after meditation.

**Second: April**

**Discussion:**

**Jennifer J:** because book does not have the last question it would be helpful to have it in the chat

**Vote: 34 present, yes=22, no=1, abstained=4; motion passes**

**9. Future business – Procedure for future business:**

- If time permits, future agenda items may be introduced and discussed
- However, items will be tabled until next meeting's agenda

**10. Motion to Adjourn:** Diana, Alice seconds, meeting adjourned!