

For Today Meditation Meeting Group Conscience Agenda November 5, 2022

1. Introduction: Welcome to the group conscience meeting of the For Today Meditation meeting of OA. My name is Patsy, I am a powerless over food, and your chair for this meeting.

2. Serenity Prayer: With lines muted, will those who wish to, please join me in the Serenity Prayer:

**“God grant me the serenity to accept the things I cannot change,
courage to change the things I can,
and the wisdom to know the difference.”**

3. Tradition 4: “Each group should be autonomous except in matters affecting other groups or OA as a whole.”

4. Establishing Ground Rules: This meeting is held for one hour. The purpose of this meeting is to make decisions that affect our group. Decisions can be changed, amended, even thrown out. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone’s viewpoint; we can all learn from one another. Please remember **Tradition Five: ‘Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.’** Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for them.

5. Minutes from the Previous Meeting: Are there any corrections or additions? [Applicable corrections or additions are made.]

Is anyone opposed to approving last month's minutes as amended?

6. Treasurer's Report – Do we have a motion to accept the Treasurer's report located on the For Today Meditation website?

7. Old Business: Web site and Zoom Room Fees

Intergroup – trying for 3 months

8. New Business Motions:

Christy R:

1. Motion to allow use of the zoom room Monday nights at 8pm EST. for a speaker meeting.
2. Motion to create and present a new slide for the screen sharer to show during the minute of silence right before the meeting starts. It would say, "Welcome! Our meeting will begin after this moment of silence."

Kate E:

I propose that we change the name of the Newcomer Meeting to the **After Meeting** and the name of the Newcomer Greeter to the **After Meeting Host**.

The script could then read something like this: **Immediately after the close of this meeting, everyone is invited to our After-Meeting for additional fellowship. This is an informal time where For Today meeting regulars, meeting first timers, and OA newcomers have a chance to ask questions and get to know each other better in a relaxed setting. Please stay if you can.**

Kate E and Patsy B:

I propose that we rescind our membership in the Virtual InterGroup and that we remain a stand-alone meeting.

Jill M-B:

To change how we ask for volunteers to read the “For Today”.

Reasoning for the suggestion:

- * It’s awkward as the Chair to have to pick someone
- * As a fellow in the meeting it can feel awkward at times too
- * As someone who likes to volunteer to read now & again, if you put your hand up too soon the Chair thinks you’re wanting to make an announcement

Details/Thoughts:

A) In the script at #10 “Information & Announcements” add the following (*or something like it*) to *first* bullet:

This meeting is held every day at 8 am Eastern Time. We read from the “For Today” book. Each day we look for someone to do service and be our reader, *and when possible*, we like to hear from different people. You do not need to have the book because we’ll put it on the screen. If you’d like to be considered to read today, please chat to [NAME] our [ROLE] now. A reader will be chosen shortly.

B) And then I’d go back to the remaining bullets as they were starting with “Our Group Conscience Meetings are held...”

C) Who do we say to chat interest in reading to? In my humble opinion, I think the Chair is super busy at this point in the script so I would suggest maybe Tech Host or Waiting Room Admit Person.

D) Whomever is chosen to chat to would give people a little bit to chat them (*a couple bullets worth of time*) and then select someone. They’d then chat the name to the Chair.

E) Depending on what the outcome of the suggestion is, we could also have the copy/paste person add to the chat (at the same-ish) time:

Would you like to read the “For Today” passage (no book needed, we put it on the screen)?

If yes, please chat to [NAME] our [ROLE] now to be considered. A reader will be chosen shortly

Do we have a motion to end this meeting?

**I put my hand in yours
And together we can do
What we could never do alone.
No longer is there a sense of hopelessness
No longer must we each depend
Upon our own unsteady willpower.
We are all together now
Reaching out our hands
For Power & Strength
Greater than ours,
And as we join hands
We find love and understanding
Beyond our wildest dreams!**